

Spiritual Uses for Essential Oils



Wildhair Studios'
Rock
Shop

an eBook

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Spiritual Uses for Essential Oils: Alphabetically



Basil ~ aura cleansing, purification.*

Bay ~ spiritual cleansing, purification.

Bergamot ~ helps to overcome feelings of helplessness. Assists with inner strength, and clarity of spirit.

Cajeput ~ purification, cleansing, protection, dispels negative energies.

Carnation Absolute ~ protection, healing, courage, strength.

Cedarwood Atlas ~ purification and aligning of intent/clarity of focus. *

Cedarwood Virginian ~ protection and purification. *

Citronella ~ purification, dispelling negative energy.

* Caution during pregnancy.

***Caution if you have high blood pressure.



Clary Sage ~ protection and psychic clarity.

Eucalyptus ~ purification, exorcism, banishing negative energies. *

Frankincense ~ Anointing psychic protection, purification, dispelling of negative and harmful energies, create and purify sacred spaces, exorcism.

Galbanum ~ purification, protection, banishing negative energies.

Geranium ~ protection, dispels, apprehension and negativity.

Grapefruit ~ to help deal with jealousy, envy, bitterness.

Hyssop ~ purification, protection, spiritual/aura cleansing.

Juniper ~ purification, protection, to dispel negative energies and entities. *

Lavender ~ inner peace and purification.



Lemongrass ~ purification, to clear psychic channels.

Lemon Verbena ~ purification, cleansing of items.

Lime ~ protection, energy of action, purification.

Myrrh ~ psychic protection, purification, dispelling of negative and harmful energies.

Niaouli ~ Purification, protection, release of negative energies that 'clog up' the physical and mental bodies, aura cleansing.

Peppermint ~ purification and dispels negative thought forms. *

Pine ~ purification; dispel negative energy, crystal cleansing, protection.

Sage, Spanish ~ aura cleansing, to dispel negative energies, purification, protection. *



Sandalwood ~ dispel fears and negative energies.

Spikenard ~ protection, purification.

Tea-Tree ~ aura cleansing, protection, purification.

Thyme, White ~ purification, protection, inner strength and emotional courage. * **

Vetiver ~ protection, grounding.

* Caution during pregnancy.

***Caution if you have high blood pressure.

Aura Cleansing



Basil ~ aura cleansing, purification. *

Hyssop ~ purification, protection, spiritual/aura cleansing.

Niaouli ~ Purification, protection, release of negative energies that 'clog up' the physical and mental bodies, aura cleansing.

Sage ~ aura cleansing, to dispel negative energies, purification, protection. *

Tea-Tree ~ aura cleansing, protection, purification.

*Caution during pregnancy.

Disperse Negative Energies



Citronella ~ purification, dispelling negative energy.

Eucalyptus ~ purification, exorcism, banishing negative energies. *

Frankincense ~ Anointing psychic protection, purification, dispelling of negative and harmful energies, create and purify sacred spaces, exorcism.

Galbanum ~ purification, protection, banishing negative energies.

Geranium ~ protection, dispels, apprehension and negativity.

Juniper ~ purification, protection, to dispel negative energies and entities.*

Myrrh ~ psychic protection, purification, dispelling of negative and harmful energies.

Peppermint ~ purification and dispels negative thought forms.*

Disperse Negative Energies



Pine ~ purification; dispel negative energy, crystal cleansing, protection.

Sage ~ aura cleansing, to dispel negative energies, purification, protection. *

Sandalwood ~ dispel fears and negative energies.

* Caution during pregnancy.

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Clarity



Cedarwood Atlas ~ purification and aligning of intent/clarity of focus. *

Clary Sage ~ protection and psychic clarity.

Grapefruit ~ to help deal with jealousy, envy, bitterness.

Lavender ~ inner peace and purification.

Cleansing & Purification



Bay ~ spiritual cleansing, purification.

Eucalyptus ~ purification, exorcism, banishing negative energies. *

Frankincense ~ Anointing psychic protection, purification, dispelling of negative and harmful energies, create and purify sacred spaces, exorcism.

Juniper ~ purification, protection, to dispel negative energies and entities. *

Lavender ~ inner peace and purification.

Lemongrass ~ purification, to clear psychic channels.

Lemon Verbena ~ purification, cleansing of items.

Lime ~ protection, energy of action, purification.

Myrrh ~ psychic protection, purification, dispelling of negative and harmful energies.

Peppermint ~ purification and dispels negative thought forms. *

Cleansing & Purification



Pine ~ purification; dispel negative energy, crystal cleansing, protection.

Tea-Tree ~ aura cleansing, protection, purification.

Thyme, White ~ purification, protection, inner strength and emotional courage. * **

*Use with caution during pregnancy

** Use with caution with high blood pressure.

Courage



Bergamot ~ helps to overcome feelings of helplessness. Assists with inner strength, and clarity of spirit.

Carnation Absolute ~ protection, healing, courage, strength.

Thyme, White ~ purification, protection, inner strength and emotional courage. Use with caution during pregnancy & high blood pressure.

Protection



Cajeput ~ purification, cleansing, protection, dispels negative energies.

Cedarwood Virginian ~ protection and purification. *

Clary Sage ~ protection and psychic clarity.

Frankincense ~ Anointing psychic protection, purification, dispelling of negative and harmful energies, create and purify sacred spaces, exorcism.

Geranium ~ protection, dispels, apprehension and negativity.

Hyssop ~ purification, protection, spiritual/aura cleansing.

Myrrh ~ psychic protection, purification, dispelling of negative and harmful energies.

Niaouli ~ Purification, protection, release of negative energies that 'clog up' the physical and mental bodies, aura cleansing.

Protection



Sage ~ aura cleansing, to dispel negative energies, purification, protection.*

Spikenard ~ protection, purification.

Tea-Tree ~ aura cleansing, protection, purification.

Thyme, White ~ purification, protection, inner strength and emotional courage. * **

Vetiver ~ protection, grounding.

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